

Replacing NeXtep® Leg Inserts

NeXtep® footrest

Tools: Tools: Suggest gloves and safety glasses (possible need for Large Vice Grips Pliers and Large Flat Screwdriver)

1 person: ~5-10 minutes

Reference *Removing Base* sheet

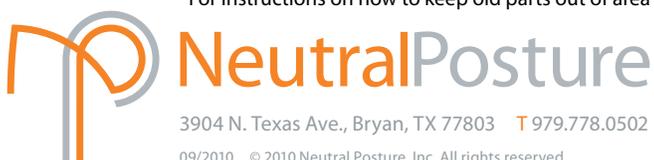


1. For 8", single legs you can perform task without removing the base. 10" and 12" NeXtep® legs are connected with a cross-bar (Refer to photo 7), and will require removing platform from the chair (Reference to *Removing Base* sheet).
2. Twist and pull to remove the legs from the NeXtep®, and proceed to Step 4. NOTE: 8" NeXtep® legs are individual (as shown). If 10" or 12" connected legs see Step 3.
3. Twist and pull old caster or glide out of leg. If stuck, you may need tools. (Vice-grip pliers to grip leg, while prying caster (or glide) free with a large flat screwdriver).
4. Before inserting caster or glide into new leg, insert the leg(s) back into the hole on the NeXtep® platform.



5. Press new caster (or glide) into the leg.
6. Turn the chair upright, then apply pressure to the NeXtep® legs to secure the components.
7. 10" and 12" : Place the NeXtep® on the ground. Using your two feet to hold the base in place, apply downward or upward force for removing or installing. (Refer to Steps 5 and 6 for caster insertion.)

For instructions on how to keep old parts out of area landfills, please visit www.NeutralPosture.com/environment



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